

Special Issue

Science and Medicine in Swimming

Message from the Guest Editors

This Special Issue explores new research strategies for innovative solutions in exercise, health, and sports in aquatic environments, focusing on multilateral approaches addressing real-world challenges for athletes and coaches. Contributions are sought for holistic solutions, diverse populations, and various methodologies, including randomized controlled trials, cohort studies, case reports, integrated and longitudinal approaches, and systematic reviews by experts. Innovations in digital and wearable technologies, like smart textiles and sensors, are particularly welcome for monitoring training and performance. Join us in advancing science and medicine in swimming to optimize health and performance.

Guest Editors

Dr. Rodrigo Zacca
Prof. Dr. Flávio Antônio de Souza Castro
Prof. Dr. Raúl Arellano

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About the Journal

Message from the Editor-in-Chief

Sports (ISSN 2075-4663) is an international, peer-reviewed open access advanced forum for publishing studies related to the interdisciplinary area of sport, exercise and health sciences. Studies focused solely on competitive performance outcomes (e.g., game statistics, records) without direct application to sports training programs will be considered out of scope.

Sports publishes reviews, regular research papers, and communications, as well as Special Issues on particular subjects.

Editor-in-Chief

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High Visibility:

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Journal Rank:

JCR - Q1 (Sport Sciences) / CiteScore - Q1 (Physical Therapy, Sports Therapy and Rehabilitation)

Rapid Publication:

manuscripts are peer-reviewed and a first decision is provided to authors approximately 19.9 days after submission; acceptance to publication is undertaken in 5.5 days (median values for papers published in this journal in the second half of 2025).