

Special Issue

The Prevention and Rehabilitation of Training Injuries

Message from the Guest Editor

Musculoskeletal injuries are one of the most common pathologies among athletes and the general population. The approach to these injuries includes diagnosis, assessment, physical therapy treatment and rehabilitation. However, the area of prevention of these injuries is becoming increasingly important. Studies that help to improve knowledge in each of these areas will improve the professionalism of the different health and training professions. This Special Issue of *Sports* aims to create a multidisciplinary forum for the discussion of the latest developments in this area and thus invites authors to submit original research and/or specific reviews that improve our understanding of the prevention and rehabilitation of training injuries. Potential topics include, but are not limited to, the following: musculoskeletal injuries, diagnostic imaging, biomechanics, functional evaluation, performance analysis, advanced technologies, physiotherapy, physical exercise, and readaptation.

Guest Editor

Dr. Blanca de la Cruz-Torres

Department of Physiotherapy, University of Seville, Avicena Street, 41009 Seville, Spain

Deadline for manuscript submissions

15 June 2026



Sports

an Open Access Journal
by MDPI

Impact Factor 2.9
CiteScore 4.1
Indexed in PubMed



mdpi.com/si/222674

Sports
Editorial Office
MDPI, Grosspeteranlage 5
4052 Basel, Switzerland
Tel: +41 61 683 77 34
sports@mdpi.com

[mdpi.com/journal/
sports](https://mdpi.com/journal/sports)





Sports

an Open Access Journal
by MDPI

Impact Factor 2.9
CiteScore 4.1
Indexed in PubMed



[mdpi.com/journal/
sports](https://mdpi.com/journal/sports)



About the Journal

Message from the Editor-in-Chief

Sports (ISSN 2075-4663) is a peer-reviewed scientific journal that publishes original articles, critical reviews, research notes and short communications in the interdisciplinary area of sport sciences and public health. It links several scientific disciplines in an integrated fashion, to address critical issues related to sport science and public health. The journal presents diverse original articles, including systematic and narrative reviews, cohort and case control studies, innovative randomized trials, and formative research using qualitative and quantitative methods with the aim to provide information for researchers to plan intervention programs. It addresses diverse public health, physical activity and exercise science topics.

Editor-in-Chief

Prof. Dr. Eling Douwe De Bruin

1. Institute of Human Movement Sciences and Sport, IBWS ETH, HCP H 25.1, Leopold-Ruzicka-Weg 4, CH-8093 Zürich, Switzerland
2. Karolinska Institutet, Stockholm, Sweden

Author Benefits

High Visibility:

indexed within Scopus, ESCI (Web of Science), PubMed, PMC, and other databases.

Journal Rank:

JCR - Q1 (Sport Sciences) / CiteScore - Q2 (Physical Therapy, Sports Therapy and Rehabilitation)

Rapid Publication:

manuscripts are peer-reviewed and a first decision is provided to authors approximately 18.7 days after submission; acceptance to publication is undertaken in 3.7 days (median values for papers published in this journal in the first half of 2025).