

## Special Issue

# Researching Physical Activity and Participation in Adapted Sports for People with Disabilities

### Message from the Guest Editors

Physical inactivity is linked to health issues and increased mortality, necessitating access to health through effective physical activities and sports, especially for vulnerable groups. Disabled individuals excel in various sports, yet research in adapted sports remains limited compared to mainstream sports. This Special Issue aims to address this gap by providing a platform for researchers to explore topics such as barriers for people with disabilities, inclusion strategies, training methods, performance indicators, and classification systems in adapted sports.

### Guest Editors

Dr. Mário André da Cunha Espada

Prof. Dr. Jesús Muñoz-Jiménez

Dr. José M. Gamonales

### Deadline for manuscript submissions

closed (30 June 2025)



## Sports

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**Impact Factor 2.9**  
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## About the Journal

### Message from the Editor-in-Chief

*Sports* (ISSN 2075-4663) is a peer-reviewed scientific journal that publishes original articles, critical reviews, research notes and short communications in the interdisciplinary area of sport sciences and public health. It links several scientific disciplines in an integrated fashion, to address critical issues related to sport science and public health. The journal presents diverse original articles, including systematic and narrative reviews, cohort and case control studies, innovative randomized trials, and formative research using qualitative and quantitative methods with the aim to provide information for researchers to plan intervention programs. It addresses diverse public health, physical activity and exercise science topics.

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### Editor-in-Chief

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#### Journal Rank:

JCR - Q1 (Sport Sciences) / CiteScore - Q2 (Physical Therapy, Sports Therapy and Rehabilitation)

#### Rapid Publication:

manuscripts are peer-reviewed and a first decision is provided to authors approximately 18.7 days after submission; acceptance to publication is undertaken in 3.7 days (median values for papers published in this journal in the first half of 2025).