

Special Issue

Women's Special Issue Series: Sports

Message from the Guest Editors

While progress has been made, there remains a gender imbalance within sports science that manifests in various ways. Recent reviews indicate that women are underrepresented in first and last authorship positions in sport and exercise science research. Addressing these issues is essential, as studies have shown that an increased representation of women in editorial and senior authorship roles is associated with a higher proportion of women as study participants.

This Special Issue is part of the “Women’s Special Issue Series”, which aims to encourage and highlight the contributions of women to sports science research, in fields such as biomechanics, sports nutrition, sports injuries, sport psychology, sports medicine, public health, and more. We are proud to lead this Special Issue and all types of papers are welcome, including original research papers and review articles.

While the purpose of this Special Issue is to celebrate the achievements of women working in sports science and related fields. We welcome submissions from all authors, irrespective of gender.

Guest Editors

Dr. Brianna L. Larsen

1. School of Health and Medical Sciences, University of Southern Queensland, Ipswich, QLD 4305, Australia
2. Centre for Health Research, University of Southern Queensland, Ipswich, QLD 4305, Australia

Dr. Anthea Clarke

Sport, Performance, and Nutrition Research Group, School of Allied Health, Human Services and Sport, La Trobe University, Melbourne, VIC 3086, Australia

Deadline for manuscript submissions

20 September 2025



Sports

an Open Access Journal
by MDPI

Impact Factor 2.9
CiteScore 4.1
Indexed in PubMed



mdpi.com/si/228438

Sports
Editorial Office
MDPI, Grosspeteranlage 5
4052 Basel, Switzerland
Tel: +41 61 683 77 34
sports@mdpi.com

[mdpi.com/journal/
sports](https://mdpi.com/journal/sports)





Sports

an Open Access Journal
by MDPI

Impact Factor 2.9
CiteScore 4.1
Indexed in PubMed



[mdpi.com/journal/
sports](https://mdpi.com/journal/sports)



About the Journal

Message from the Editor-in-Chief

Sports (ISSN 2075-4663) is a peer-reviewed scientific journal that publishes original articles, critical reviews, research notes and short communications in the interdisciplinary area of sport sciences and public health. It links several scientific disciplines in an integrated fashion, to address critical issues related to sport science and public health. The journal presents diverse original articles, including systematic and narrative reviews, cohort and case control studies, innovative randomized trials, and formative research using qualitative and quantitative methods with the aim to provide information for researchers to plan intervention programs. It addresses diverse public health, physical activity and exercise science topics.

Editor-in-Chief

Prof. Dr. Eling Douwe De Bruin

1. Institute of Human Movement Sciences and Sport, IBWS ETH, HCP H 25.1, Leopold-Ruzicka-Weg 4, CH-8093 Zürich, Switzerland
2. Karolinska Institutet, Stockholm, Sweden

Author Benefits

High Visibility:

indexed within Scopus, ESCI (Web of Science), PubMed, PMC, and other databases.

Journal Rank:

JCR - Q1 (Sport Sciences) / CiteScore - Q2 (Physical Therapy, Sports Therapy and Rehabilitation)

Rapid Publication:

manuscripts are peer-reviewed and a first decision is provided to authors approximately 18.7 days after submission; acceptance to publication is undertaken in 3.7 days (median values for papers published in this journal in the first half of 2025).