

Special Issue

Theory, Practice, and Policy of Sports to Enhance Human Well-Being

Message from the Guest Editors

The COVID-19 pandemic led society to reconsider its personal and social priorities. The widespread implementation of lockdown policies reminded us of the importance of social connection and connection with nature to our mental and physical health and wellbeing (Dickson & Gray, 2022).

Thus, as we transition to the new normal, post-pandemic, it is important to address the disparities in sport and recreation priorities and participation.

Potential topics may include (but are not limited to):

Exploration of the benefits of exercise and physical activity for human health, the mind and the body, especially for under-represented groups.

The role of volunteers in organizing, operating, and maintaining sports, including facilities and programs.

Submissions focusing on mainstream and organized sport, exploring adaptations that have been made to retain relevance in the face of changes in sport, society and the economy.

We are particularly interested in hearing from underrepresented researchers and participants who may be outside the mainstream narrative.

Guest Editors

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Deadline for manuscript submissions

closed (10 December 2023)



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About the Journal

Message from the Editor-in-Chief

Sports (ISSN 2075-4663) is a peer-reviewed scientific journal that publishes original articles, critical reviews, research notes and short communications in the interdisciplinary area of sport sciences and public health. It links several scientific disciplines in an integrated fashion, to address critical issues related to sport science and public health. The journal presents diverse original articles, including systematic and narrative reviews, cohort and case control studies, innovative randomized trials, and formative research using qualitative and quantitative methods with the aim to provide information for researchers to plan intervention programs. It addresses diverse public health, physical activity and exercise science topics.

Editor-in-Chief

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JCR - Q1 (Sport Sciences) / CiteScore - Q2 (Physical Therapy, Sports Therapy and Rehabilitation)

Rapid Publication:

manuscripts are peer-reviewed and a first decision is provided to authors approximately 18.7 days after submission; acceptance to publication is undertaken in 3.7 days (median values for papers published in this journal in the first half of 2025).