

Special Issue

Effects of Physiotherapy on Sports-Related Musculoskeletal Disorders

Message from the Guest Editor

This Special Issue explores the effectiveness of evidence-based physiotherapy in the treatment of various sports-related musculoskeletal disorders. Many clinicians aim for pain reduction and functional improvement through various physiotherapy methods such as manual therapy, therapeutic exercise, and electrotherapy. In the case of many different physiotherapy methods, clinicians must prove them and then utilize them to provide high-quality medical services. In particular, based on scientific evidence, physiotherapy is safe, effective, and reliable. In this Special Issue of *Sports*, we welcome studies reporting the effects of physiotherapy on sports-related musculoskeletal disorders in various fields, such as orthopedics, rehabilitation medicine, physical therapy, and sports medicine.

Guest Editor

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Deadline for manuscript submissions

closed (30 September 2024)



Sports

an Open Access Journal
by MDPI

Impact Factor 2.9
CiteScore 4.1
Indexed in PubMed



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About the Journal

Message from the Editor-in-Chief

Sports (ISSN 2075-4663) is a peer-reviewed scientific journal that publishes original articles, critical reviews, research notes and short communications in the interdisciplinary area of sport sciences and public health. It links several scientific disciplines in an integrated fashion, to address critical issues related to sport science and public health. The journal presents diverse original articles, including systematic and narrative reviews, cohort and case control studies, innovative randomized trials, and formative research using qualitative and quantitative methods with the aim to provide information for researchers to plan intervention programs. It addresses diverse public health, physical activity and exercise science topics.

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manuscripts are peer-reviewed and a first decision is provided to authors approximately 18.7 days after submission; acceptance to publication is undertaken in 3.7 days (median values for papers published in this journal in the first half of 2025).