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## 2nd Edition: Physical Activity and Mental Health

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Deadline for manuscript  
submissions:

**30 June 2023**

### Message from the Guest Editors

We are organizing a Special Issue focused on the role of physical activity in the enhancement of mental health and the prevention and care within mental illness for the journal *Sports*. This is a peer-reviewed scientific journal that publishes articles and communications in the interdisciplinary area of sport sciences and public health.

We particularly welcome manuscripts that offer novel insights into the relationships between physical activity and mental illness (e.g., social, neurological, and psychological explanations); describe innovative and/or scalable physical-activity-based interventions within mental healthcare; explore the role of the physical activity environment (e.g., nature, social) in preventing and enhancing recovery from mental illness; and describe interventions aligned with Indigenous approaches to physical activity promotion.



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# Special Issue



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## Editor-in-Chief

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## Message from the Editor-in-Chief

*Sports* (ISSN 2075-4663) is a peer-reviewed scientific journal that publishes original articles, critical reviews, research notes and short communications in the interdisciplinary area of sport sciences and public health. It links several scientific disciplines in an integrated fashion, to address critical issues related to sport science and public health. The journal presents diverse original articles, including systematic and narrative reviews, cohort and case control studies, innovative randomized trials, and formative research using qualitative and quantitative methods with the aim to provide information for researchers to plan intervention programs. It addresses diverse public health, physical activity and exercise science topics.

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