



*sports*



an Open Access Journal by MDPI

## Sports Injury: Prevention and Rehabilitation

Guest Editors:

**Dr. Scott Talpey**

Exercise and Sport Science,  
School of Health and Life  
Sciences, Federation University  
Australia, Ballarat, VIC 3350,  
Australia

**Dr. Emma Siesmaa**

Exercise and Sport Science,  
School of Health and Life  
Sciences, Federation University  
Australia, Ballarat, VIC 3350,  
Australia

**Prof. Dr. Dara Twomey**

Exercise and Sport Science,  
School of Health and Life  
Sciences, Federation University  
Australia, Ballarat, VIC 3350,  
Australia

### Message from the Guest Editors

Dear Colleagues,

Injuries are a significant barrier to an athlete and their team in achieving their performance-related goals. In many sports settings, injury is often viewed as an unpreventable and unfortunate consequence of participation. This is despite evidence showing that the injury risk associated with sports participation can be significantly reduced with the implementation of appropriate preventive strategies. The aims of this Special Issue are to (i) describe the extent of the injury problem in specific athlete populations (including tactical athletes); (ii) understand the mechanisms of common injuries in sport; and (iii) examine the efficacy and/or effectiveness of injury-prevention programs.

Dr. Scott Talpey

Dr. Emma Siesmaa

Prof. Dr. Dara Twomey

*Guest Editor*

Deadline for manuscript  
submissions:

**closed (20 April 2023)**



[mdpi.com/si/94406](https://mdpi.com/si/94406)

# Special Issue



# sports



an Open Access Journal by MDPI

## Editor-in-Chief

### Prof. Dr. Eling Douwe De Bruin

1. Institute of Human Movement  
Sciences and Sport, IBWS ETH,  
HCP H 25.1, Leopold-Ruzicka-  
Weg 4, CH-8093 Zürich,  
Switzerland  
2. Karolinska Institutet,  
Stockholm, Sweden

## Message from the Editor-in-Chief

*Sports* (ISSN 2075-4663) is a peer-reviewed scientific journal that publishes original articles, critical reviews, research notes and short communications in the interdisciplinary area of sport sciences and public health. It links several scientific disciplines in an integrated fashion, to address critical issues related to sport science and public health. The journal presents diverse original articles, including systematic and narrative reviews, cohort and case control studies, innovative randomized trials, and formative research using qualitative and quantitative methods with the aim to provide information for researchers to plan intervention programs. It addresses diverse public health, physical activity and exercise science topics.

## Author Benefits

**Open Access:** free for readers, with article processing charges (APC) paid by authors or their institutions.

**High Visibility:** indexed within Scopus, ESCI (Web of Science), PubMed, PMC, and other databases.

**Journal Rank:** JCR - Q1 (Sport Sciences) / CiteScore - Q2 (Physical Therapy, Sports Therapy and Rehabilitation)

## Contact Us

*Sports* Editorial Office  
MDPI, Grosspeteranlage 5  
4052 Basel, Switzerland

Tel: +41 61 683 77 34  
[www.mdpi.com](http://www.mdpi.com)

[mdpi.com/journal/sports](http://mdpi.com/journal/sports)  
[sports@mdpi.com](mailto:sports@mdpi.com)  
[X@Sports\\_MDPI](https://twitter.com/X@Sports_MDPI)