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## Skeletal Muscle Metabolism in Exercise

Guest Editor:

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Deadline for manuscript  
submissions:

**closed (31 January 2020)**

### **Message from the Guest Editor**

Dear Colleagues:

It is with great enthusiasm that I am announcing a Special Issue of *Sports* (Basel) with the goal of examining the area of skeletal muscle metabolism in sport and exercise. Topics of interest include muscle bioenergetics, aerobic adaptations to training, exercise-induced fatigue, performance nutrition, skeletal muscle hypertrophy, and exercise-induced muscle damage and recovery. We welcome original research, meta-analysis, reviews, and brief reports.

Prof. Edward Jo  
*Guest Editor*



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# Special Issue



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## Message from the Editor-in-Chief

*Sports* (ISSN 2075-4663) is an international, peer-reviewed open access advanced forum for publishing studies related to the interdisciplinary area of sport, exercise and health sciences. Studies focused solely on competitive performance outcomes (e.g., game statistics, records) without direct application to sports training programs will be considered out of scope. *Sports* publishes reviews, regular research papers, and communications, as well as Special Issues on particular subjects.

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