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## Skeletal Muscle Metabolism in Exercise

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Deadline for manuscript  
submissions:

**closed (31 January 2020)**

### Message from the Guest Editor

Dear Colleagues:

It is with great enthusiasm that I am announcing a Special Issue of *Sports* (Basel) with the goal of examining the area of skeletal muscle metabolism in sport and exercise. Topics of interest include muscle bioenergetics, aerobic adaptations to training, exercise-induced fatigue, performance nutrition, skeletal muscle hypertrophy, and exercise-induced muscle damage and recovery. We welcome original research, meta-analysis, reviews, and brief reports.

Prof. Edward Jo  
*Guest Editor*



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# Special Issue



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## Message from the Editor-in-Chief

*Sports* (ISSN 2075-4663) is a peer-reviewed scientific journal that publishes original articles, critical reviews, research notes and short communications in the interdisciplinary area of sport sciences and public health. It links several scientific disciplines in an integrated fashion, to address critical issues related to sport science and public health. The journal presents diverse original articles, including systematic and narrative reviews, cohort and case control studies, innovative randomized trials, and formative research using qualitative and quantitative methods with the aim to provide information for researchers to plan intervention programs. It addresses diverse public health, physical activity and exercise science topics.

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