

Special Issue

Mindfulness in Social Work: Special Issue Exploring Current Application and Potential in Social Work Practice and Education

Message from the Guest Editors

Social work typically features among the professions with the highest levels of work-related stress (Health and Safety Executive, 2022), and within this context, mindfulness has emerged as a key area of exploration, with a developing body of research investigating its efficacy and potential for helping reduce stress and improve wellbeing. In seeking to build on the current knowledge base and stimulate debate, research and scholarship, this Special Issue aims to collate research activity to provide a repository of practical, methodological, theoretical and ethical innovations that investigate the interplay between mindfulness and social work.

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Social Sciences is an international, open access, peer-reviewed journal publishing the latest research across all disciplines of the social sciences, including anthropology, economics, law, linguistics, education, geography, history, political science, psychology, sociology, and other related areas. The journal is especially interested in interdisciplinary research, and aims to encourage creative, innovative, and critical reflections across social science disciplines. The journal welcomes conventional length articles, shorter Research Notes or articles, as well as Special Issue submissions, as long as they meet the journal's standards of quality and originality.

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