

Special Issue

Active Aging Across the Life Course

Message from the Guest Editor

The concept of active aging throughout one's lifespan holds a pivotal position in fostering the comprehensive well-being of individuals, encompassing physical, mental, and social dimensions as they progress through the stages of life. This perspective embodies a proactive and holistic view of the aging process, encompassing a comprehensive range of activities such as physical exercise, cognitive enhancements, and social engagement throughout the lifespan. The primary aim of this Special Issue is to provide a comprehensive understanding of the diverse experiences associated with active aging across the globe, while elucidating the impact of these varying processes on the life stages of older adults. Additionally, we delve deeper into the complexities of active aging, exploring how diverse cultures, social structures, and environmental factors shape the lived experiences of older adults. Furthermore, we encourage submissions that highlight innovative strategies and practices that promote active aging, ranging from community-based interventions to individual-level behavioral modifications.

Guest Editor

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Message from the Editor-in-Chief

Social Sciences is an international open access peer-reviewed journal publishing the latest research across all disciplines of the social sciences including anthropology, criminology, economics, education, geography, history, law, linguistics, political science, psychology, social policy, social work, sociology and related areas. The journal is especially interested in interdisciplinary research, and aims to facilitate the interaction and communication between different social scientific disciplines. The journal welcomes conventional length articles as well as shorter Research Notes or short articles, as long as they meet the journal's standards of quality and originality.

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