

## Special Issue

# Wearable Sensors for Optimising Rehabilitation and Sport Training

### Message from the Guest Editor

The applications of wearable technologies/sensors in rehabilitation and sport performance are growing, and many practitioners use feedback tools to communicate with end-users for the assessment, diagnosis, and monitoring of body conditions. The area of intervention design using such technologies is still not well studied and requires more evidence to prove the effectiveness of wearable sensors in optimising rehabilitation outcomes and sports training. The aim of this Special Issue is to advance our understanding of the applications of any kind of wearable technologies in the rehabilitation of functional movements (such as gait and running), muscle activities, sport performance, recovery after sports injuries, and general health. We accept quantitative studies in the form of original research, review studies, and meta-analyses that have not been submitted or published in other journals.

---

### Guest Editor

Dr. Mohsen Shafizadeh

Academy of Sport and Physical Activity, Sheffield Hallam University,  
Sheffield S10 2BP, UK

---

### Deadline for manuscript submissions

20 December 2025



## Sensors

---

an Open Access Journal  
by MDPI

---

Impact Factor 3.5  
CiteScore 8.2  
Indexed in PubMed



[mdpi.com/si/206499](https://mdpi.com/si/206499)

*Sensors*  
Editorial Office  
MDPI, Grosspeteranlage 5  
4052 Basel, Switzerland  
Tel: +41 61 683 77 34  
[sensors@mdpi.com](mailto:sensors@mdpi.com)

[mdpi.com/journal/  
sensors](https://mdpi.com/journal/sensors)





# Sensors

---

an Open Access Journal  
by MDPI

---

Impact Factor 3.5  
CiteScore 8.2  
Indexed in PubMed



[mdpi.com/journal/  
sensors](https://mdpi.com/journal/sensors)



## About the Journal

### Message from the Editor-in-Chief

*Sensors* is a leading journal devoted to fast publication of the latest achievements of technological developments and scientific research in the huge area of physical, chemical and biochemical sensors, including remote sensing and sensor networks. Both experimental and theoretical papers are published, including all aspects of sensor design, technology, proof of concept and application. Sensors organizes Special Issues devoted to specific sensing areas and applications each year.

---

### Editor-in-Chief

Prof. Dr. Vittorio M. N. Passaro

Dipartimento di Ingegneria Elettrica e dell'Informazione (Department of Electrical and Information Engineering), Politecnico di Bari, Via Edoardo Orabona n. 4, 70125 Bari, Italy

---

### Author Benefits

#### Open Access:

free for readers, with article processing charges (APC) paid by authors or their institutions.

#### High Visibility:

indexed within Scopus, SCIE (Web of Science), PubMed, MEDLINE, PMC, Ei Compendex, Inspec, Astrophysics Data System, and other databases.

#### Journal Rank:

JCR - Q2 (Instruments and Instrumentation) / CiteScore - Q1 (Instrumentation)