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Sensor Technologies in Sports and Exercise

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Message from the Guest Editors

This Special Issue aims to collect and promote high-quality research facilitating the use of technology as an asset to health and wellbeing promotion through sports and exercise. Topics of interest include (but are not limited to):

- development of sensors and technologies for exercise monitoring
- validation of signals and metrics recorded with wearable sensors during exercise
- applications of sensor technologies in sports and exercise
- performance and health assessment
- training quantification
- training load validation and assessment
- training and performance modeling
- use of biofeedback in sports and exercise
- use of technology for improving exercise adherence













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Message from the Editor-in-Chief

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