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# Advances in IoT, AI and Sensor-Based Technologies for Disease Treatment, Health Promotion and Ageing Well

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## **Message from the Guest Editors**

Advancements in the IoT, AI, and sensor technologies have improved remote health monitoring personalized interventions for health and wellbeing. In disease treatment, sensor technologies can track and analyze individuals' vital health signs, potentially leading to improved and earlier diagnosis, disease prevention, risk stratification, treatment efficacy, and follow-up care. Since individual digital biomarker profiles, AI can empower providing personalized patients bv and pharmacological and non-pharmacological interventions and recommendations and by facilitating improved dialogue between doctors and patients. Integrating sensors and AI into innovations for improving healthcare beyond clinical environments has also interventions for healthy living through active assisted living and digital health technologies for wellbeing, which can potentially revolutionize disease treatment, health promotion, and active ageing. This Special Issue aims to compile original research and review articles on recent advances, technologies, solutions, applications, and challenges in IoT, AI, and sensors applied in healthcare and digital wellbeing.













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# **Message from the Editor-in-Chief**

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