

## Special Issue

# Consciousness, Spirituality, Well-Being, and Education

### Message from the Guest Editor

This Special Issue seeks to make a contribution to our emerging understanding of the nature of the mind and its role in supporting health, well-being, and personal spirituality. We want to further shed light on how we may understand both religious and secular experiences of wholeness, peak potentials, and human connectedness. The hope is that some of the articles in this Special Issue will include insights and perspectives on how higher education can promote the well-being of university students. Suggested themes for submission include manuscripts focusing on

- The cultivation of personal spirituality;
- States of consciousness—including meditation, dreams, creative imagination, and intuition—and their role in promoting health and well-being;
- Understanding the history of religious experience through the lens of contemporary science;
- Relationships among various aspects of well-being: meaning, strengths and values, positivity, flow, mind-body wellness, and resilience;
- Frontiers in higher education for well-being and holistic learning.

---

### Guest Editor

Dr. Mark Thurston

Associate Professor, School of Integrative Studies, George Mason University, Fairfax, VA 22030, USA

---

### Deadline for manuscript submissions

closed (31 December 2024)



## Religions

---

an Open Access Journal  
by MDPI

---

Impact Factor 0.6  
CiteScore 1.3



[mdpi.com/si/189272](https://mdpi.com/si/189272)

*Religions*  
Editorial Office  
MDPI, Grosspeteranlage 5  
4052 Basel, Switzerland  
Tel: +41 61 683 77 34  
[religions@mdpi.com](mailto:religions@mdpi.com)

[mdpi.com/journal/  
religions](https://mdpi.com/journal/religions)





# Religions

---

an Open Access Journal  
by MDPI

---

Impact Factor 0.6  
CiteScore 1.3



[mdpi.com/journal/  
religions](https://mdpi.com/journal/religions)



## About the Journal

### Message from the Editorial Board

Fresh developments in the disciplines that consistently make significant contributions to our understanding of religious personality, authority, devotion, and community – disciplines ranging from psychology, sociology, and anthropology to history, art history, philosophy, literary criticism, and political science – fuel general, as well as scholarly, interest in the world's religions.

*Religions* is inviting innovative and comparative contributions. Please consider Religions as an exceptional, exciting enterprise ready to reward your trust, attention, and participation.

---

### Editors-in-Chief

Prof. Dr. Arndt Büssing

Professorship Quality of Life, Spirituality and Coping, Faculty of Health, Witten/Herdecke University, Gerhard-Kienle-Weg 4, 58313 Herdecke, Germany

Prof. Dr. Klaus Baumann

Caritaswissenschaft und Christliche Sozialarbeit, Theologische Fakultät, Albert-Ludwigs-Universität Freiburg, Platz der Universität 3, D-79098 Freiburg, Germany

---

### Author Benefits

#### High Visibility:

indexed within Scopus, AHCI (Web of Science), ATLA Religion Database, Religious and Theological Abstracts, and other databases.

#### Journal Rank:

CiteScore - Q1 (Religious Studies)

#### Rapid Publication:

manuscripts are peer-reviewed and a first decision is provided to authors approximately 24.5 days after submission; acceptance to publication is undertaken in 4.9 days (median values for papers published in this journal in the second half of 2025).