

## Special Issue

# Religion, Spirituality, Well-Being and Positive Psychology

### Message from the Guest Editors

The topic of interactions between religion and well-being as well as mental health has been and continues to be an object of ongoing research in the psychology of religion, and surely falls squarely both within the scope of the discipline's foundational focus and its current empirical inquiry and studies. The aim of this Special Issue of *Religions*, "Religion, Spirituality, Well-Being and Positive Psychology" is to go beyond the classical approach applied in the mainstream of the psychology of religion. In this Special Issue, original research articles and reviews are welcome, and research areas may include, but are not limited to, the following topics:

- Religion/spirituality and well-being: mutual relations, mental health, and existential health
- Positive/humanistic psychology in religious/spiritual contexts (theory, history, and empirical studies)
- Psychology of spiritual counseling, mindfulness, and personal development
- Marginalized groups: religion, spirituality, and well-being
- Qualitative and methodological studies in psychology of religion/spirituality
- Spirituality in gender studies, healthcare, and humanistic psychotherapy

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### Guest Editors

Dr. Adam Anczyk

Prof. Dr. Halina Grzymała-Moszczyńska

Dr. Anna M. Maćkowiak

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### Deadline for manuscript submissions

closed (15 March 2026)



## Religions

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## About the Journal

### Message from the Editorial Board

Fresh developments in the disciplines that consistently make significant contributions to our understanding of religious personality, authority, devotion, and community – disciplines ranging from psychology, sociology, and anthropology to history, art history, philosophy, literary criticism, and political science – fuel general, as well as scholarly, interest in the world's religions.

*Religions* is inviting innovative and comparative contributions. Please consider Religions as an exceptional, exciting enterprise ready to reward your trust, attention, and participation.

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### Editors-in-Chief

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### Author Benefits

#### High Visibility:

indexed within Scopus, AHCI (Web of Science), ATLA Religion Database, Religious and Theological Abstracts, and other databases.

#### Journal Rank:

CiteScore - Q1 (Religious Studies)

#### Rapid Publication:

manuscripts are peer-reviewed and a first decision is provided to authors approximately 24.5 days after submission; acceptance to publication is undertaken in 4.9 days (median values for papers published in this journal in the second half of 2025).