

Special Issue

Meditation and Spiritual Practice

Message from the Guest Editor

This Special Issue is open to all the methods and forms of analysis that are generally included within the scope of Religions, e.g., theology, comparative studies, theoretical and methodological discussions, philosophy/psychology of religion, sociology of religion, religious ethics, etc. Furthermore, we wish to specifically encourage submissions based on first-person methods, including phenomenology, phenomenological psychology, micro-phenomenology and similar approaches.

Examples of topics include

- Meditation experiences;
- Meditation techniques and other techniques of spiritual practice;
- Hindrances in meditation practice;
- The concept of awakening;
- The concept of spirituality in relation to meditation or prayer;
- The notion of stages of progress in meditation/spiritual practice;
- The relationship between community and practice;
- Embodied practices such as Qigong or Neigong.

Guest Editor

Dr. Terje Sparby

Department of Psychology and Psychotherapy, Witten/Herdecke University, Alfred-Herrhausen-Straße 50, 58448 Witten, Germany

Deadline for manuscript submissions

closed (1 July 2022)



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Religions
Editorial Office
MDPI, Grosspeteranlage 5
4052 Basel, Switzerland
Tel: +41 61 683 77 34
religions@mdpi.com

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About the Journal

Message from the Editorial Board

Fresh developments in the disciplines that consistently make significant contributions to our understanding of religious personality, authority, devotion, and community – disciplines ranging from psychology, sociology, and anthropology to history, art history, philosophy, literary criticism, and political science – fuel general, as well as scholarly, interest in the world's religions.

Religions is inviting innovative and comparative contributions. Please consider Religions as an exceptional, exciting enterprise ready to reward your trust, attention, and participation.

Editors-in-Chief

Prof. Dr. Arndt Büssing

Professorship Quality of Life, Spirituality and Coping, Faculty of Health, Witten/Herdecke University, Gerhard-Kienle-Weg 4, 58313 Herdecke, Germany

Prof. Dr. Klaus Baumann

Caritaswissenschaft und Christliche Sozialarbeit, Theologische Fakultät, Albert-Ludwigs-Universität Freiburg, Platz der Universität 3, D-79098 Freiburg, Germany

Author Benefits

High Visibility:

indexed within Scopus, AHCI (Web of Science), ATLA Religion Database, Religious and Theological Abstracts, and other databases.

Journal Rank:

CiteScore - Q1 (Religious Studies)

Rapid Publication:

manuscripts are peer-reviewed and a first decision is provided to authors approximately 24.5 days after submission; acceptance to publication is undertaken in 4.9 days (median values for papers published in this journal in the second half of 2025).