

Special Issue

Meditation and Spiritual Practice

Message from the Guest Editor

This Special Issue is open to all the methods and forms of analysis that are generally included within the scope of Religions, e.g., theology, comparative studies, theoretical and methodological discussions, philosophy/psychology of religion, sociology of religion, religious ethics, etc. Furthermore, we wish to specifically encourage submissions based on first-person methods, including phenomenology, phenomenological psychology, micro-phenomenology and similar approaches.

Examples of topics include

- Meditation experiences;
- Meditation techniques and other techniques of spiritual practice;
- Hindrances in meditation practice;
- The concept of awakening;
- The concept of spirituality in relation to meditation or prayer;
- The notion of stages of progress in meditation/spiritual practice;
- The relationship between community and practice;
- Embodied practices such as Qigong or Neigong.

Guest Editor

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Deadline for manuscript submissions

closed (1 July 2022)



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About the Journal

Message from the Editorial Board

Fresh developments in the disciplines that consistently make significant contributions to our understanding of religious personality, authority, devotion, and community – disciplines ranging from psychology, sociology, and anthropology to history, art history, philosophy, literary criticism, and political science – fuel general, as well as scholarly, interest in the world's religions.

Religions is inviting innovative and comparative contributions. Please consider Religions as an exceptional, exciting enterprise ready to reward your trust, attention, and participation.

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Author Benefits

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CiteScore – Q1 (Religious Studies)

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manuscripts are peer-reviewed and a first decision is provided to authors approximately 25.4 days after submission; acceptance to publication is undertaken in 4.5 days (median values for papers published in this journal in the first half of 2025).