

## Special Issue

# The Relationship between Buddhist Worldviews and Contemplative Practices

### Message from the Guest Editor

Articles included in this Special Issue will explore how diverse conceptual models influence contemplative practices of culturally and historically different Buddhist traditions, how they are built into the fabric of those practices, and how they are used by Buddhist practitioners when explaining their respective practices as well as experiences and insights achieved as their result. The authors will analyze four types of models involved in Buddhist meditation: philosophical models of such systems as Abhidharma, Yogācāra, and Madhyamaka; mind models involving such topics as types of consciousness and mental processes; body models addressing gross and subtle bodies; and path models providing different perspectives on the nature of the Buddhist path and its results. They will show how these models and related elements are incorporated into several representative traditions of Buddhist meditation, including the cultivation of mindfulness, contemplative absorptions, and insight meditation in Theravāda; Zen practices focusing on kōans and “just sitting”; Tibetan stages of the path systems; and tantric practice, including Mahāmudrā and Dzokchen.

---

### Guest Editor

Prof. Dr. Yaroslav Komarovski  
Department of Classics and Religious Studies, University of Nebraska-Lincoln, Lincoln, NE 68588-0329, USA

---

### Deadline for manuscript submissions

closed (29 December 2023)



## Religions

---

an Open Access Journal  
by MDPI

---

Impact Factor 0.6  
CiteScore 1.3



[mdpi.com/si/177139](https://mdpi.com/si/177139)

*Religions*  
Editorial Office  
MDPI, Grosspeteranlage 5  
4052 Basel, Switzerland  
Tel: +41 61 683 77 34  
[religions@mdpi.com](mailto:religions@mdpi.com)

[mdpi.com/journal/  
religions](https://mdpi.com/journal/religions)





# Religions

---

an Open Access Journal  
by MDPI

---

Impact Factor 0.6  
CiteScore 1.3



[mdpi.com/journal/  
religions](https://mdpi.com/journal/religions)



## About the Journal

### Message from the Editorial Board

Fresh developments in the disciplines that consistently make significant contributions to our understanding of religious personality, authority, devotion, and community – disciplines ranging from psychology, sociology, and anthropology to history, art history, philosophy, literary criticism, and political science – fuel general, as well as scholarly, interest in the world's religions.

*Religions* is inviting innovative and comparative contributions. Please consider Religions as an exceptional, exciting enterprise ready to reward your trust, attention, and participation.

---

### Editors-in-Chief

Prof. Dr. Arndt Büssing

Professorship Quality of Life, Spirituality and Coping, Faculty of Health,  
Witten/Herdecke University, Gerhard-Kienle-Weg 4, 58313 Herdecke,  
Germany

Prof. Dr. Klaus Baumann

Caritaswissenschaft und Christliche Sozialarbeit, Theologische  
Fakultät, Albert-Ludwigs-Universität Freiburg, Platz der Universität 3, D-  
79098 Freiburg, Germany

---

### Author Benefits

#### High Visibility:

indexed within Scopus, AHCI (Web of Science), ATLA Religion Database, Religious and Theological Abstracts, and other databases.

#### Journal Rank:

CiteScore – Q1 (Religious Studies)

#### Rapid Publication:

manuscripts are peer-reviewed and a first decision is provided to authors approximately 25.4 days after submission; acceptance to publication is undertaken in 4.5 days (median values for papers published in this journal in the first half of 2025).