

Special Issue

Interdisciplinary Approaches to Spirituality and Mental Health in Secular Societies

Message from the Guest Editors

The proposed Special Issue aims to provide current theories and approaches that define the key concepts and describe the role of spirituality in the promotion of mental health in various secular countries or societies. This will be an interdisciplinary special journal issue, given that multiple professionals and disciplines are concerned with the promotion of mental health. Such professions and disciplines include psychology, social work, marriage and family therapy, counseling, pastoral care, and chaplaincy. Current definitions of spirituality clarify the distinctions and connections between religion and spirituality. Such definitions acknowledge spirituality as a universal dimension of human experience and development that may be independent from religious beliefs or organized religions. Interdisciplinary approaches to spirituality and mental health integrate concepts and methods from various fields to understand the complex relationships between spirituality, religion, and mental well-being.

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Deadline for manuscript submissions

closed (20 June 2025)



Religions

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Impact Factor 0.6
CiteScore 1.3



mdpi.com/si/222082

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About the Journal

Message from the Editorial Board

Fresh developments in the disciplines that consistently make significant contributions to our understanding of religious personality, authority, devotion, and community – disciplines ranging from psychology, sociology, and anthropology to history, art history, philosophy, literary criticism, and political science – fuel general, as well as scholarly, interest in the world's religions.

Religions is inviting innovative and comparative contributions. Please consider Religions as an exceptional, exciting enterprise ready to reward your trust, attention, and participation.

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