

## Special Issue

# Fasting, Renunciation, and Moderation in Early Christian Thought, Greco-Roman Culture, and the Abrahamic Traditions

### Message from the Guest Editor

We invite you to contribute to a Special Issue exploring the intersection of philosophy and theology, focusing on the vital theme of moderation. As societies grapple with turmoil and haste, understanding moderation's role in achieving balance and self-discipline becomes essential. This issue aims to delve into spiritual discipline within Early Christianity, Greco-Roman culture, and the Abrahamic traditions. Moderation, a cornerstone of classical thought, is examined in the context of ascetic practices across these religions. Contributions are welcome on how renunciation of pleasures and simplicity shaped spiritual and intellectual lives in ancient and medieval thought. Particularly, we seek original research on fasting practices in Judaism, Christianity, and Islam, analyzing their connections to Greco-Roman ideals of self-control and spiritual development. We encourage submissions that address both affirming and critical perspectives on fasting traditions, exploring their theoretical dimensions and transformations across cultures.

### Guest Editor

Prof. Dr. Catalin-Stefan Popa

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### Deadline for manuscript submissions

1 April 2026



## Religions

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## About the Journal

### Message from the Editorial Board

Fresh developments in the disciplines that consistently make significant contributions to our understanding of religious personality, authority, devotion, and community – disciplines ranging from psychology, sociology, and anthropology to history, art history, philosophy, literary criticism, and political science – fuel general, as well as scholarly, interest in the world's religions.

*Religions* is inviting innovative and comparative contributions. Please consider Religions as an exceptional, exciting enterprise ready to reward your trust, attention, and participation.

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#### Journal Rank:

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#### Rapid Publication:

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