

Special Issue

The Psychology of Peak Performance in Sport

Message from the Guest Editors

High performance in sport is not solely a function of physical ability; it is deeply intertwined with psychological factors that shape motivation, resilience, decision-making, and overall mental well-being. As elite athletes, coaches, and organizations continue to push the boundaries of human performance, sport psychology plays a crucial role in optimizing training, competition, and recovery. This Special Issue of *Psychology International* will advance the discourse on sport psychology and high performance by bringing together innovative research from across multiple disciplines. We invite scholars and practitioners to contribute original empirical studies, theoretical papers, systematic reviews, and applied research that enhance our understanding of the psychological mechanisms underpinning elite performance in individual and team sports. Authors are invited to submit high-quality manuscripts that align with the theme of the Special Issue. Submissions should follow the standard guidelines of *Psychology International*, which can be found at the journal website. All papers will undergo a rigorous peer-review process to ensure scientific quality and relevance.

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About the Journal

Message from the Editor-in-Chief

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