

## Special Issue

# Sleep Disorders in Infants, Children, and Adolescents with Neurodevelopmental and Psychiatric Comorbidities

### Message from the Guest Editors

In this Special Issue, we will cover this important relationship between sleep disorders and psychiatric/neurodevelopmental comorbidities, what the consequences of sleep disorders in children are, and how psychiatric conditions affect sleep. Three main sleep categories will be our focus: socio-emotional and behavioral problems in relation to poor sleep, sleep-related breathing disorders, and restless sleep disorder investigations, including sleep-focused COVID-19 studies. During these challenging times, children spend more time indoors. This may affect their sleep habits. In particular, it is hard to get the external cues to keep our body clock in rhythm. Bedtimes shift and children worry, which potentially influences sleep quantity. In addition, some may exhibit (additional) sleep problems. An increasing number of studies in children are investigating the impact of poor sleep, in terms of quantity, quality, regularity, and timing, on their wellbeing. We hope with this Special Issue to highlight innovative science pertaining to poor sleep in childhood in relation to psychiatric conditions and consequences.

---

### Guest Editors

Prof. Dr. Karen Spruyt

INSERM, University of Paris, Paris, France

Dr. Umakanth Katwa

Boston Children's Hospital, Department of Pediatrics, Harvard Medical School, Boston, MA, USA

Dr. Lourdes DELROSSO

Seattle Children's Hospital, Department of Pediatrics, University of Washington, Seattle, WA, USA

---

### Deadline for manuscript submissions

closed (31 December 2022)



## Psychiatry International

---

an Open Access Journal  
by MDPI

---

Impact Factor 1.1  
CiteScore 2.0



[mdpi.com/si/73971](https://mdpi.com/si/73971)

*Psychiatry International*  
Editorial Office  
MDPI, Grosspeteranlage 5  
4052 Basel, Switzerland  
Tel: +41 61 683 77 34  
[psychiatryint@mdpi.com](mailto:psychiatryint@mdpi.com)

[mdpi.com/journal/  
psychiatryint](https://mdpi.com/journal/psychiatryint)





# Psychiatry International

---

an Open Access Journal  
by MDPI

---

Impact Factor 1.1  
CiteScore 2.0



[mdpi.com/journal/  
psychiatryint](https://mdpi.com/journal/psychiatryint)



## About the Journal

### Message from the Editor-in-Chief

---

#### Editor-in-Chief

Prof. Dr. Paolo Girardi  
Department of Dynamic and Clinical Psychology and Health Studies,  
Sapienza University of Rome, 00189 Rome, Italy

---

#### Author Benefits

##### Open Access:

free for readers, with article processing charges (APC) paid by authors or their institutions.

##### High Visibility:

indexed within ESCI (Web of Science), Scopus, EBSCO, and other databases.

##### Rapid Publication:

manuscripts are peer-reviewed and a first decision is provided to authors approximately 27.2 days after submission; acceptance to publication is undertaken in 6.3 days (median values for papers published in this journal in the second half of 2025).