# **Special Issue**

# The Role of Nutritional Attitudes on Mental Diseases

## Message from the Guest Editors

This Special Issue focuses on further investigation of the possible role of nutritional attitudes such as orthorexic and restrictive behavior, dietary standards such as the Mediterranean diet, and specific nutrients and biofunctional compounds (macronutrients, micronutrients, phytochemicals, etc.) in the prevention or management of mental diseases, based mainly on clinical and epidemiological evidence. We welcome papers reporting the latest evidence-based results of the effect of nutritional habits and specific nutrients, bioactive compounds, and functional foods on pathophysiology mechanisms, indexes, and biomarkers of mental diseases, such as anxiety, depression, anorexia and bulimia nervosa, personality disorders etc. Animal experiments, clinical trials, and epidemiological studies as well as in vitro studies, meta-analyses, and review articles are welcome. Studies concerning the possible role of nutrients and bio-functional compounds in the expression of genes that are associated with mental diseases are especially welcome.

### **Guest Editors**

### Dr. Antonios E. Koutelidakis

Laboratory of Nutrition and Public Health, Unit of Human Nutrition, Department of Food Science and Nutrition, University of the Aegean, 10 Ierou Lochou & Makrygianni Str., 81400 Myrina, Greece

# Dr. Fragiskos Gonidakis

1st Psychiatric Department, Eginition Hospital, Medical School, National and Kapodistrian University of Athens, 10679 Athens, Greece

#### Deadline for manuscript submissions

closed (31 December 2023)



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Psychiatry International Editorial Office MDPI, Grosspeteranlage 5 4052 Basel, Switzerland Tel: +41 61 683 77 34 psychiatryint@mdpi.com

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Prof. Dr. Paolo Girardi

Department of Dynamic and Clinical Psychology and Health Studies, Sapienza University of Rome, 00189 Rome, Italy

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