

Special Issue

Global Perspectives on Mental Health, Counselling, and Evidence-Based Interventions in Contemporary Psychiatry

Message from the Guest Editors

The focus of SI is on global perspectives on mental health and psychological well-being, with particular emphasis on counselling and evidence-based psychological interventions. We aim to highlight counselling as a core component of mental health care that complements psychiatric and medical approaches, and one that plays a crucial role across clinical community, organizational and educational settings.

The scope of SI is intentionally broad and multidisciplinary. We welcome empirical studies, intervention research and review papers that examine counselling and psychological interventions across multiple levels of care, including clinical psychiatry, community and public mental health services, workplace and organizational contexts, and higher education institutions.

The purpose of SI is to bridge the gap between research and practice by promoting practice-oriented, outcome-informed, and context-sensitive approaches to counselling and psychological interventions. By emphasizing real-world applicability and systematic outcome evaluation, the Special Issue aims to support the development of effective, transparent, and sustainable mental health services within contemporary psychiatric systems.

Guest Editors

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Editor-in-Chief

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