

## Special Issue

# Emotion, Cognition, and Behavior in Substance Use and Addiction

### Message from the Guest Editors

The Special Issue seeks original research on effective treatment strategies promoting emotional and cognitive-behavioral health, as well as healthy coping mechanisms, to improve care and outcomes for people living with addiction. Life experiences such as adverse childhood experiences can trigger emotions that prompt coping responses that may include substance use. Psychoactive substances negatively impact the limbic system and the amygdala, influencing emotional processing and resulting in a vicious cycle of use, abuse and disorder. Mindfulness training plays a prominent role in prevention and treatment of substance use disorders. Chronic substance use alters brain regions, causing long-term cognitive dysfunction. Interventions, such as cognitive-behavioral therapy and neurorehabilitation, can address these deficits and improve recovery outcomes. The SI complement existing literature by integrating emotional, cognitive and behavioral perspectives that are often studied in isolation. By highlighting work that spans neurobiological mechanisms, clinical interventions and applied coping strategies, it aims to provide a more evidence-based framework to inform future research and clinical practice.

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### Guest Editors

Dr. Salome Kapella-Mshigeni  
Dr. Eunice Kimunai  
Dr. Tam Villar

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### Deadline for manuscript submissions

31 January 2027



## Psychiatry International

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## About the Journal

### Message from the Editor-in-Chief

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#### Editor-in-Chief

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