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Technology and Online Mental Health Support

Guest Editor:

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Message from the Guest Editor

The overall goal of this Special Issue of *Psych* is to explore current developments in the application of technology, including online applications, to support people's mental health and emotional needs.

Specifically, this Special Issue aims to provide an outlet for the rapid, widely accessible publication of peer-reviewed studies utilizing technologies and online platforms to support people with mental health and emotional needs. This Special Issue aims to cover, without being limited to, the following areas of mental health support:

- Technology: How technology is currently being used to support people with mental health and emotional needs and how these technologies are evaluated and received.
- Online: How online platforms are increasingly being used to support people with mental health and emotional needs, and how efficacious these are, how they are monitored and what the issues that arise from their use are.
- Counselling: How counselling online is utilised, evaluated and received.
- COVID-19: How COVID-19 has impacted mental health support and how technology has helped people with mental health needs through the ongoing crisis.



