# **Special Issue**

# Sustainable Exploitation of Plant-Based Matrices— Biologically Active Compounds and Their Extraction, Applications, and Potential Health Benefits

## Message from the Guest Editors

The exploitation of plant resources demands a sustainable approach due to soil degradation, loss of biodiversity, and extensive usage in various fields. Increased demand for phytonutrients accelerates the need for scientific research that will reveal the vast spectrum of health-promoting constituents (flavonoids, carotenoids, polyphenols, alkaloids, phytosterols, vitamins, and minerals, among others) as well as their corresponding activities (immune health, skin health, bone health, cardiovascular health, anti-cancer, etc.). The utilization of fruit by-products is another important field that not only targets zero-waste to the environment but also the sustainable exploitation of all value-added resources.

This SI aims at disseminating some of the most recent and significant contributions in natural products research including phytochemicals, biological activities, and practical applications in the daily diet in the view of the sustainable exploitation of resources.

### **Guest Editors**

Dr. Dasha Mihaylova

Department of Microbiology and Biotechnology, University of Food Technologies, 4002 Plovdiv, Bulgaria

Dr. Aneta Popova

Department of Catering and nutrition, University of Food Technologies, 4000 Plovdiv, Bulgaria

## Deadline for manuscript submissions

closed (20 April 2025)



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Plants
Editorial Office
MDPI, Grosspeteranlage 5
4052 Basel, Switzerland
Tel: +41 61 683 77 34
plants@mdpi.com

mdpi.com/journal/ plants





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## Message from the Editor-in-Chief

Plants is an open access journal which provides an advanced forum for research findings in areas related to plant function, its physiology, biology, taxonomy, stresses, and its interactions with other organisms. It publishes original research articles, reviews, reports, conference proceedings (peer reviewed full articles) and communications. In original research papers, it is important that full experimental details are provided. We also encourage timely reviews and commentaries on topics of interest to the plant research community.

#### Editor-in-Chief

Prof. Dr. Dilantha Fernando

Department of Plant Science, University of Manitoba, Winnipeg, MB R3T 2N2, Canada

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