

## Special Issue

# Plant Extracts for Health Benefits and Nutrition

### Message from the Guest Editor

Plant extracts have gained significant attention for their potential health benefits in recent years. Many people are turning to natural remedies for various conditions, and plant-based extracts are often used in supplements, skincare, and even as part of traditional medicine practices. Although recent research has tended to focus on the pharmacological or toxicological effects of single substances, understanding the effects of crude extracts is an initial step in discovering effective compounds. In this Special Issue, we invite the submission of full reviews, original research, and short communications related to health benefits and nutrition using in vivo and in vitro experiment. We also welcome not only crude extracts but also compounds identified from plant extracts. However, we do not accept work on the discovery of new compounds from plant extracts without functional evaluation.

### Guest Editor

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### Deadline for manuscript submissions

30 April 2026



## Plants

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Impact Factor 4.1  
CiteScore 7.6  
Indexed in PubMed



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### Message from the Editor-in-Chief

*Plants* is an open access journal which provides an advanced forum for research findings in areas related to plant function, its physiology, biology, taxonomy, stresses, and its interactions with other organisms. It publishes original research articles, reviews, reports, conference proceedings (peer reviewed full articles) and communications. In original research papers, it is important that full experimental details are provided. We also encourage timely reviews and commentaries on topics of interest to the plant research community.

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### Editor-in-Chief

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