

## Special Issue

# Bioactive Compounds from Plants-Based Functional Foods

### Message from the Guest Editors

Functional foods are a group of foods with exceptional nutritional characteristics that have beneficial health effects beyond those provided by basic nutrition. The concept of functional food was born in Japan with the FOSHU (Food for Special Health Use) food regulation, which aims to combat the causes of some diseases that can be attributed to the consumption of some foods. In the case of Japan, there are robust regulations that demonstrate the health properties (effectiveness) and safety of foods. In other countries, this denomination is not entirely clear, giving rise to multiple interpretations. The articles for this Special Issue should focus on original research: new sources of bioactive substances present in raw materials of plant origin, the effects of processing and shelf life, sensory aspects and commercial validation, and demonstrations of effectiveness in biological models, among others.

### Guest Editors

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### Deadline for manuscript submissions

closed (31 January 2023)



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### Editor-in-Chief

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