

## Special Issue

# Children's Sports Physiology

### Message from the Guest Editors

Regular exercise plays a beneficial role in health-related components of physical fitness such as body composition, cardiorespiratory fitness, muscle endurance, strength, flexibility and cognitive development. This Special Issue aims to create a collection of articles on acute responses and chronic adaptations to children's sports practice. Articles on human systems that are not adequately addressed in the existing literature (e.g., cortical, digestive and immunity systems) are more than welcome. Submission of research articles, as well as reviews and case reports, will be considered for publication.

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### Guest Editors

Prof. Dr. Daniel Marinho

Prof. Dr. Vicente Javier Clemente-Suárez

Dr. Pantelis T. Nikolaidis

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### Deadline for manuscript submissions

closed (29 December 2023)



## Physiologia

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*Physiologia*  
Editorial Office  
MDPI, Grosspeteranlage 5  
4052 Basel, Switzerland  
Tel: +41 61 683 77 34  
[physiologia@mdpi.com](mailto:physiologia@mdpi.com)

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## About the Journal

### Message from the Editor-in-Chief

*Physiologia* draws together researchers from all subdisciplines of physiological research with the common aim of enhancing knowledge of the mechanisms of growth, health, and disease across species. The journal aims to provide rapid peer review and unlimited open access to those interested in topics advancing physiological sciences from both the research and wider community. We hope you will support the journal by becoming one of our authors.

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### Editor-in-Chief

Prof. Dr. Philip J. Atherton

School of Medicine, Royal Derby Hospital, University of Nottingham,  
Nottingham, UK

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