

Special Issue

The Therapeutic Approach to Arterial Hypertension—The Pharmaceutical Perspective

Message from the Guest Editor

It is scientifically confirmed that a tremendous proportion of cases of severe cardiovascular diseases are a direct consequence of high blood pressure, which is considered the main risk factor for cardiac morbidity and mortality. Notwithstanding the extraordinary prevalence of high blood pressure and despite the fact that many pharmacological strategies are used in antihypertensive treatment, blood pressure is often not adequately controlled. Considering the lifestyle interventions and the diverse and complete pharmaceutical guidelines in this field, reducing the devastating effects of hypertension seems to be the most attainable target in cardiac and vascular pathological care. The aim of this Special Issue is to unify the most relevant papers addressing the state-of-the-art trends and future directions in arterial hypertension therapeutic strategies and innovative cardiovascular drug formulations, with details on rational design, the relevant preclinical and clinical testing of efficacy, pharmacokinetics and toxicity. We welcome articles dealing with all aspects of pharmaceutical care in arterial hypertension.

Guest Editor

Dr. Cristina Manuela Dragoi

Department of Biochemistry, Faculty of Pharmacy, Carol Davila University of Medicine and Pharmacy, 020956 Bucharest, Romania

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Pharmaceutics
Editorial Office
MDPI, Grosspeteranlage 5
4052 Basel, Switzerland
Tel: +41 61 683 77 34
pharmaceutics@mdpi.com

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Editor-in-Chief

Prof. Dr. Patrick J. Sinko
Department of Pharmaceutics, Ernest Mario School of Pharmacy,
Rutgers University, Piscataway, NJ 08854, USA

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