Special Issue

Targeted Drug Delivery in Autoimmune Diseases

Message from the Guest Editors

Autoimmune diseases, including rheumatoid arthritis, multiple sclerosis, and systemic lupus erythematosus, are chronic conditions affecting people worldwide. Several potent drugs are available for the treatment of these diseases; however, their prolonged use is associated with severe adverse reactions. This is partly because while these drugs are intended to target the diseased site (e.g., the joints or the brain), they are still distributed systemically after oral intake or injection. Furthermore, many of these drugs have limitations of reduced efficacy as well as poor solubility and bioavailability. Therefore, better drug delivery modalities are needed to overcome these significant limitations. Advancements in nanotechnology and the identification of tissue-homing/cell-specific ligands are paving the way for targeted drug delivery for various tumors. Thus, there is now an impetus to develop and apply similar approaches for the treatment of autoimmune diseases. Authors are cordially invited to submit their original research papers, reviews and communications, addressing the aforementioned areas.

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