

## Special Issue

# Advances in Emulsifying Drug Delivery Systems

### Message from the Guest Editors

Nearly 40–60% of all newly developed drugs are characteristically lipophilic in nature, rendering aqueous solubility problematic. To solve solubility issues, lipophilic drug delivery systems are a good method to increase the bioavailability of the said lipophilic drugs. Of these systems, self-emulsifying drug delivery systems are superior to other lipid-based formulations in terms of possessing a higher solubilization tendency, having robust formulation advantages, easier scalability in the industrial milieu, providing drug protection against certain environments, such as the gastrointestinal tract, inhibiting drug efflux as mediated by P-glycoprotein, enhancing lymphatic drug uptake and so on. This Special Issue aims to collect research and review papers on the advances made in emulsifying drug delivery systems in the pharmaceutical field and will summarize the latest findings on emulsifying drug delivery systems published as well as provide direction for future research. We invite researchers and production pharmacists to publish original research and/or review papers with expert opinions and perceptions in the area of therapeutics.

### Guest Editors

Prof. Dr. Lissinda Hester Du Plessis

Centre of Excellence for Pharmaceutical Sciences (PharmacemTM),  
North-West University, Potchefstroom 2520, South Africa

Prof. Dr. Joe Viljoen

Centre of Excellence for Pharmaceutical Sciences, North-West  
University, Potchefstroom 2520, North-West, South Africa

### Deadline for manuscript submissions

20 September 2025



## Pharmaceutics

---

an Open Access Journal  
by MDPI

---

Impact Factor 5.5  
CiteScore 10.0  
Indexed in PubMed



[mdpi.com/si/214824](https://mdpi.com/si/214824)

*Pharmaceutics*  
Editorial Office  
MDPI, Grosspeteranlage 5  
4052 Basel, Switzerland  
Tel: +41 61 683 77 34  
[pharmaceutics@mdpi.com](mailto:pharmaceutics@mdpi.com)

[mdpi.com/journal/  
pharmaceutics](https://mdpi.com/journal/pharmaceutics)





# Pharmaceutics

---

an Open Access Journal  
by MDPI

---

Impact Factor 5.5  
CiteScore 10.0  
Indexed in PubMed



[mdpi.com/journal/  
pharmaceutics](https://mdpi.com/journal/pharmaceutics)



## About the Journal

### Message from the Editor-in-Chief

*Pharmaceutics* (ISSN 1999-4923) is an online open access journal on the science and technology of pharmaceutics and biopharmaceutics. The scientific community, the wider community and the general public have unlimited and free access to the content as soon as a paper is published; this open access to your research ensures your findings are shared with the widest possible audience. Please consider publishing your impressive work in this high quality journal. We would be pleased to welcome you as one of our authors.

---

### Editor-in-Chief

Prof. Dr. Patrick J. Sinko  
Department of Pharmaceutics, Ernest Mario School of Pharmacy,  
Rutgers University, Piscataway, NJ 08854, USA

---

### Author Benefits

#### High Visibility:

indexed within Scopus, SCIE (Web of Science), PubMed, PMC, Embase, CAPlus / SciFinder, and other databases.

#### Journal Rank:

JCR - Q1 (Pharmacology and Pharmacy) / CiteScore - Q1 (Pharmaceutical Science)

#### Rapid Publication:

manuscripts are peer-reviewed and a first decision is provided to authors approximately 14.9 days after submission; acceptance to publication is undertaken in 3.3 days (median values for papers published in this journal in the first half of 2025).