

Special Issue

Advances in Delivery of Peptides and Proteins

Message from the Guest Editors

The following Special Issue focuses on the critical role peptides and proteins play as therapeutic agents in treating various diseases. Despite their therapeutic potential, the effective delivery of these macromolecules presents significant challenges due to their large molecular size, instability, and vulnerability to degradation. Thus, developing innovative delivery systems is vital to improve their bioavailability, stability, and precise targeting. Recent advancements in areas such as nanotechnology, encapsulation techniques, and novel formulation strategies have provided promising solutions for overcoming these challenges. This Special Issue aims to highlight the latest research and technological innovations in peptide and protein delivery, particularly emphasising novel approaches and methodologies that address existing delivery limitations. Contributions are welcome on topics such as nanoparticle-based delivery, controlled release systems, and advanced strategies to enhance oral, transdermal, and injectable delivery routes.

Guest Editors

Prof. Dr. Jingyuan Wen

School of Pharmacy, Faculty of Medical and Health Sciences, The University of Auckland, Auckland 1010, New Zealand

Dr. Mengyang Liu

School of Pharmacy, Faculty of Medical and Health Sciences, The University of Auckland, Auckland 1010, New Zealand

Deadline for manuscript submissions

20 February 2026



Pharmaceutics

an Open Access Journal
by MDPI

Impact Factor 5.5
CiteScore 10.0
Indexed in PubMed



mdpi.com/si/215841

Pharmaceutics
Editorial Office
MDPI, Grosspeteranlage 5
4052 Basel, Switzerland
Tel: +41 61 683 77 34
pharmaceutics@mdpi.com

[mdpi.com/journal/
pharmaceutics](https://mdpi.com/journal/pharmaceutics)





Pharmaceutics

an Open Access Journal
by MDPI

Impact Factor 5.5
CiteScore 10.0
Indexed in PubMed



[mdpi.com/journal/
pharmaceutics](https://mdpi.com/journal/pharmaceutics)



About the Journal

Message from the Editor-in-Chief

Pharmaceutics (ISSN 1999-4923) is an online open access journal on the science and technology of pharmaceutics and biopharmaceutics. The scientific community, the wider community and the general public have unlimited and free access to the content as soon as a paper is published; this open access to your research ensures your findings are shared with the widest possible audience. Please consider publishing your impressive work in this high quality journal. We would be pleased to welcome you as one of our authors.

Editor-in-Chief

Prof. Dr. Patrick J. Sinko
Department of Pharmaceutics, Ernest Mario School of Pharmacy,
Rutgers University, Piscataway, NJ 08854, USA

Author Benefits

High Visibility:

indexed within Scopus, SCIE (Web of Science), PubMed, PMC, Embase, CAPlus / SciFinder, and other databases.

Journal Rank:

JCR - Q1 (Pharmacology and Pharmacy) / CiteScore - Q1
(Pharmaceutical Science)

Rapid Publication:

manuscripts are peer-reviewed and a first decision is provided to authors approximately 14.9 days after submission; acceptance to publication is undertaken in 3.3 days (median values for papers published in this journal in the first half of 2025).