

Special Issue

Advances in Drug Delivery Systems for the Management of Metabolic Diseases

Message from the Guest Editors

We are pleased to invite you to submit your original research articles and reviews to the Special Issue entitled “Advances in Drug Delivery Systems for the Management of Metabolic Diseases” in *Pharmaceutics*. Metabolic diseases, including diabetes, obesity, and hyperlipidemia, are increasingly prevalent worldwide and pose significant challenges to global health. The development of innovative drug delivery systems tailored for the effective management of these conditions is an area of growing scientific interest and importance. This Special Issue aims to bring together cutting-edge research and insights into this dynamic field, highlighting advancements that improve therapeutic efficacy, patient compliance, and safety. This Special Issue seeks to provide a comprehensive platform for exploring the latest advancements in drug delivery systems, including synthetic drugs, secondary metabolites, and natural extracts. Research encompassing in silico, in vitro, in vivo studies, preclinical, and clinical trials is highly encouraged, emphasizing innovative formulations, nanotechnology, and controlled-release systems, among others.

Guest Editors

Prof. Dr. Diana Marcela Aragon Novoa

Departamento de Farmácia, Facultad de Ciencias, Universidad Nacional de Colombia, Cra. 30 45-03, Bogotá 111321, DC, Colombia

Prof. Dr. Fátima Regina Mena Barreto Silva

1. Laboratory of Hormones & Signal Transduction, Department of Biochemistry, Center of Biological Sciences, Campus Trindade, Federal University of Santa Catarina, Florianópolis 88040-900, SC, Brazil
2. Laboratory of Biochemistry and Pharmacology, Department of Pharmacology and Physiology, Drug Research and Development Center (DRDC), Medical School, Federal University of Ceará, Rua Coronel Nunes de Melo, Fortaleza 60430-275, CE, Brazil

Deadline for manuscript submissions

31 January 2026



Pharmaceutics

an Open Access Journal
by MDPI

Impact Factor 5.5
CiteScore 10.0
Indexed in PubMed



mdpi.com/si/225651

Pharmaceutics
Editorial Office
MDPI, Grosspeteranlage 5
4052 Basel, Switzerland
Tel: +41 61 683 77 34
pharmaceutics@mdpi.com

[mdpi.com/journal/
pharmaceutics](https://mdpi.com/journal/pharmaceutics)





Pharmaceutics

an Open Access Journal
by MDPI

Impact Factor 5.5
CiteScore 10.0
Indexed in PubMed



[mdpi.com/journal/
pharmaceutics](https://mdpi.com/journal/pharmaceutics)



About the Journal

Message from the Editor-in-Chief

Pharmaceutics (ISSN 1999-4923) is an online open access journal on the science and technology of pharmaceutics and biopharmaceutics. The scientific community, the wider community and the general public have unlimited and free access to the content as soon as a paper is published; this open access to your research ensures your findings are shared with the widest possible audience. Please consider publishing your impressive work in this high quality journal. We would be pleased to welcome you as one of our authors.

Editor-in-Chief

Prof. Dr. Patrick J. Sinko
Department of Pharmaceutics, Ernest Mario School of Pharmacy,
Rutgers University, Piscataway, NJ 08854, USA

Author Benefits

High Visibility:

indexed within Scopus, SCIE (Web of Science), PubMed, PMC, Embase, CAPlus / SciFinder, and other databases.

Journal Rank:

JCR - Q1 (Pharmacology and Pharmacy) / CiteScore - Q1
(Pharmaceutical Science)

Rapid Publication:

manuscripts are peer-reviewed and a first decision is provided to authors approximately 14.9 days after submission; acceptance to publication is undertaken in 3.3 days (median values for papers published in this journal in the first half of 2025).