## **Special Issue**

# New Insights in Nanoparticle-Based Psoriasis and Psoriatic Arthritis Therapy

## Message from the Guest Editors

The therapeutic armamentarium for psoriasis and psoriatic arthritis has increased tremendously over the past few decades. Modern engineering enables the delivery of nanoparticle-based drugs specifically to targeted tissues, minimizing side effects while ensuring superior transcutaneous drug penetration, allowing for a sustained and controlled drug release and thus improving efficacy and compliance. Numerous types of nanoparticles have been developed, each presenting unique appealing features. The solubility and penetrability of hydrophobic drugs are increased with the use of lipid-based nanoparticles, whereas sustained drug release is conferred by polymeric nanoparticles. Metal-based nanoparticles possess anti-inflammatory and antimicrobial properties. Nanoparticles may be used to enhance the effects of a variety of active molecules, from natural compounds to conventional drugs and biologic agents. Moreover, new research into theranostic nanoparticles shows that they aid in the diagnosis and monitoring of therapeutic responses. We hope you find the topic of our Special Issue interesting and we warmly invite you to submit an original article or review.

#### **Guest Editors**

Dr. Liliana Gabriela Popa

Dermatology Department, Carol Davila University of Medicine and Pharmacy, 030167 Bucharest, Romania

Dr. Anca Bobirca

Rheumatology Department, Carol Davila University of Medicine and Pharmacy, 030167 Bucharest, Romania

## Deadline for manuscript submissions

closed (31 July 2025)



## **Pharmaceutics**

an Open Access Journal by MDPI

Impact Factor 5.5 CiteScore 10.0 Indexed in PubMed



mdpi.com/si/223328

Pharmaceutics
Editorial Office
MDPI, Grosspeteranlage 5
4052 Basel, Switzerland
Tel: +41 61 683 77 34
pharmaceutics@mdpi.com

mdpi.com/journal/ pharmaceutics





an Open Access Journal by MDPI

Impact Factor 5.5 CiteScore 10.0 Indexed in PubMed



## **About the Journal**

## Message from the Editor-in-Chief

Pharmaceutics (ISSN 1999-4923) is an online open access journal on the science and technology of pharmaceutics and biopharmaceutics. The scientific community, the wider community and the general public have unlimited and free access to the content as soon as a paper is published; this open access to your research ensures your findings are shared with the widest possible audience. Please consider publishing your impressive work in this high quality journal. We would be pleased to welcome you as one of our authors.

#### Editor-in-Chief

Prof. Dr. Patrick J. Sinko

Ernest Mario School of Pharmacy, Rutgers, The State University of New Jersey, William Levine Hall, Room 225C, 160 Frelinghuysen Road, Piscataway, NJ 08854-8020, USA

### **Author Benefits**

### **High Visibility:**

indexed within Scopus, SCIE (Web of Science), PubMed, PMC, Embase, CAPlus / SciFinder, and other databases.

### Journal Rank:

JCR - Q1 (Pharmacology and Pharmacy) / CiteScore - Q1 (Pharmaceutical Science)

### **Rapid Publication:**

manuscripts are peer-reviewed and a first decision is provided to authors approximately 14.9 days after submission; acceptance to publication is undertaken in 3.3 days (median values for papers published in this journal in the first half of 2025).

