

Special Issue

Pharmaceutical Strategy for Mood Disorders

Message from the Guest Editors

Mood disorders, including major depressive disorder (MDD) and bipolar disorder (BD), are leading causes of disability worldwide, significantly affecting quality of life and health outcomes. Traditional treatments rely on mood stabilizers and atypical antipsychotics, but recent research has expanded therapeutic options. This Special Issue will explore key aspects of pharmaceutical strategies for mood disorders, including:

- Novel pharmacological targets and mechanisms;
- Personalized pharmacotherapy in special populations;
- Inflammation and neuroimmune interactions;
- Gut-brain axis and microbiome-based interventions;
- Polypharmacy and augmentation strategies;
- Pharmacogenetic and biomarker-driven treatment approaches;
- Clinical factors that optimize treatment response (e.g., adherence, metabolism, and lifestyle);
- Psychopathological dimensions associated with treatment beyond symptom reduction, including cognition and quality of life.

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Message from the Editor-in-Chief

Because of your expertise in the field of drug sciences, I kindly invite you to consider publishing your current work, in the form of a research article or a review, in the open access electronic journal *Pharmaceuticals*. *Pharmaceuticals* is characterized by an active editorial board and a dynamic editorial staff. Manuscripts are peer-reviewed and a final decision is provided to authors within 4–6 weeks after submission. Papers are published on the web immediately after acceptance. For details on the submission process or any other matter, please do not hesitate to contact us. We hope to handle your contribution to *Pharmaceuticals* soon.

Editor-in-Chief

Prof. Dr. Amélia Pilar Rauter

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