

Special Issue

Therapeutic Strategies for Co-Occurring Psychiatric and Substance Use Disorders

Message from the Guest Editors

Co-occurring psychiatric and substance use disorders represent a major clinical challenge in contemporary mental health care, being associated with increased symptom severity, reduced treatment adherence, higher relapse rates, and greater healthcare burden. Despite their high prevalence, therapeutic approaches for dual diagnosis remain frequently fragmented and insufficiently integrated, often failing to address the shared neurobiological and pharmacological mechanisms underlying both conditions. This Special Issue aims to provide an updated overview of current and emerging therapeutic strategies for the integrated management of co-occurring psychiatric and substance use disorders. Particular emphasis will be placed on innovative pharmacological interventions, personalized treatment approaches, and key neurobiological targets involved in reward processing, emotional regulation, and impulsivity. Contributions addressing combined pharmacological and psychosocial treatments, translational research, and real-world clinical evidence are also encouraged.

Guest Editors

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Deadline for manuscript submissions

25 July 2026



Pharmaceuticals

an Open Access Journal
by MDPI

Impact Factor 4.8
CiteScore 7.7
Indexed in PubMed



mdpi.com/si/270223

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We hope to handle your contribution to *Pharmaceuticals* soon.

Editor-in-Chief

Prof. Dr. Amélia Pilar Rauter

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