

Special Issue

Medications: Interactions with Diet, Herbs, Dietary Supplements and Probiotics

Message from the Guest Editors

The optimal result of any pharmacological treatment depends on a variety of factors. However, one that has recently received significant attention due to its importance concerns the interactions that can occur between medications, foods and dietary supplements. These interactions can lead to an increase or a decrease in the plasma concentration of the drug; therefore, in both cases, health may be affected either due to possible toxicity or the absence of therapeutic action. The objective of this Special Issue is to update the available scientific and clinically relevant evidence on the main interactions that can occur, exploring how healthcare professionals can intervene to prevent them and thus guarantee the optimization of pharmacological treatment while reducing healthcare costs associated with morbidity and mortality.

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Editor-in-Chief

Prof. Dr. Amélia Pilar Rauter

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