

Special Issue

Pharmaceuticals for Inflammatory Bowel Disease (IBD)

Message from the Guest Editor

Inflammatory bowel disease (IBD) is a chronic and debilitating inflammation of the gastrointestinal tract. It comprises Crohn's and Ulcerative Colitis. IBD affects industrialized countries. The causes of IBD are not well established. However, its pathogenesis has been linked to genetics, microbiome, environment, and lifestyle. The clinical symptoms include loss of appetite, weight loss, severe abdominal cramps, constant diarrhea, and rectal bleeding. There is no cure for IBD, and the existing treatments, which are used for the induction and maintenance of IBD remission, are expensive and come with unwanted side effects. As a result, this comes with huge social, economic, and health burdens for people and countries. In their desperate searches for a cure, patients with IBD have been using herbal medicines, helminth therapy, and fecal microbiota transplant with limited success. There is a need for novel and effective treatments. Treatments can be developed from natural products or synthetically in laboratories. This Special Issue is dedicated to bringing in treatment perspectives from IBD clinicians, researchers, and patients.

Guest Editor

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Because of your expertise in the field of drug sciences, I kindly invite you to consider publishing your current work, in the form of a research article or a review, in the open access electronic journal *Pharmaceuticals*.

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We hope to handle your contribution to *Pharmaceuticals* soon.

Editor-in-Chief

Prof. Dr. Amélia Pilar Rauter

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