

Special Issue

Therapeutic Effects of Natural Products and Their Clinical Research

Message from the Guest Editor

Natural products, typically derived from plants, animals, and microorganisms, have long been recognized for their therapeutic potential. Natural compounds play a significant role in traditional medicine and are the basis of modern pharmaceuticals. Natural products are a valuable source of novel drug candidates, with numerous active compounds isolated and synthesized for various medical applications. Natural products also contribute to complementary and alternative medicine, as many individuals turn to herbal remedies for health and well-being. In recent years, clinical research has delved into the mechanisms of action of natural products, their safety, and efficacy. The therapeutic effects of natural products continue to offer promising avenues for improving healthcare and well-being. The scope for natural products in clinical research is vast and continues to expand as our understanding of these compounds increases. This Special Issue aims to explore a wide range of natural products covering their potential benefits in human health through to their applied clinical effects.

Guest Editor

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Editor-in-Chief

Prof. Dr. Amélia Pilar Rauter

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