

## Special Issue

# Pharmacological Therapies for Stress-Related Disorders and Autism Spectrum Disorder

### Message from the Guest Editors

Selective serotonin reuptake inhibitors (SSRIs) and serotonin–norepinephrine reuptake inhibitors (SNRIs) are the first choice as pharmacological treatment of anxiety disorder in the general population. Depression disorder is a common heterogeneous mental disease that affects all aspects of patients' lives, as well as people around them. Nowadays, ADs are divided into five classes: SSRIs, SNRIs, TCAs, MAOIs and atypical ADs with unique mechanisms of action. The development of new drugs and methods for depression treatment is critical. The current therapy for anxiety in ASD includes cognitive–behavioral therapy and psychopharmacological treatment. In this Special Issue, we want to expand the knowledge on antidepressant drugs and their mechanism of action. Pharmacological interventions show promise for typically developing populations, but further research is needed to establish the efficacy of medications for individuals. Because comorbid ASD/anxiety remains a nascent and developing area of study, practitioners are encouraged to publish the latest scientific findings.

### Guest Editors

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## Pharmaceuticals

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