Special Issue

Advances in Bone and Cartilage Diseases

Message from the Guest Editors

Bone and cartilage diseases continue to be some of the most significant challenges affecting individuals worldwide, with the number of affected people steadily rising. This trend not only highlights the enormous impact these conditions have on public health but also underscores the urgent need for ongoing research and clinical advancements. Recent progress in our understanding of the physiopathological mechanisms, diagnostic imaging, and innovative therapeutic strategies has ushered in a new era in the management of these diseases. This Special Issue aims to collate and present the latest scientific evidence and clinically relevant data, addressing topics ranging from basic research and innovative diagnostic techniques to comprehensive clinical studies and novel therapeutic interventions. You are welcome to submit your original research articles, case series, narrative reviews. systematic reviews, or meta-analyses. Your contributions will be vital in bridging the gap between fundamental scientific discovery and clinical practice, ultimately enhancing our understanding and management of bone and cartilage diseases and improving patient care.

Guest Editors

Dr. Rui Soles Gonçalves

Polytechnic Institute of Coimbra, Coimbra Health School, Scientific-Pedagogical Unit of Physiotherapy, Rua 5 de Outubro, São Martinho do Bispo, 3045-043 Coimbra, Portugal

Dr. Ricardo Luis De Almeida Maia Ferreira

- Polytechnic Institute of Maia, N2i, Social Sciences, Education and Sport School, Avenida Carlos de Oliveira Campos, Castêlo da Maia, 4475-690 Maia, Portugal
- 2. Polytechnic Institute of Coimbra, Coimbra Health School, Scientific-Pedagogical Unit of Physiotherapy, Rua 5 de Outubro, São Martinho do Bispo, 3045-043 Coimbra, Portugal
- 3. Sport Physical Activity and Health Research & Innovation Center (SPRINT), Portugal

Deadline for manuscript submissions

31 December 2025



an Open Access Journal by MDPI



mdpi.com/si/237996

Osteology Editorial Office MDPI, Grosspeteranlage 5 4052 Basel, Switzerland Tel: +41 61 683 77 34 osteology@mdpi.com

mdpi.com/journal/osteology





an Open Access Journal by MDPI



About the Journal

Message from the Editor-in-Chief

Editor-in-Chief

Prof. Dr. Umile Giuseppe Longo

Department of Orthopaedic and Trauma Surgery, Università Campus Bio-Medico di Roma, Via Alvaro del Portillo, 00128 Rome, Italy

Author Benefits

Open Access:

free for readers, with article processing charges (APC) paid by authors or their institutions.

Rapid Publication:

manuscripts are peer-reviewed and a first decision is provided to authors approximately 22.3 days after submission; acceptance to publication is undertaken in 5.6 days (median values for papers published in this journal in the first half of 2025).

Recognition of Reviewers

: APC discount vouchers, optional signed peer review, and reviewer names published annually in the journal.

