

# Special Issue

## Weight Stigma: Experiences, Consequences, Causes and Remedies

### Message from the Guest Editors

The rise in public health concern and debate around the body weight classifications of overweight and obesity has been accompanied by important psychosocial consequences—in particular, a concomitant rise in weight stigma. Weight stigma can be defined as prejudice and discrimination due to weight or body size. It includes experiences of being stigmatised by others, internalised weight (self) stigma, and anticipated or expectation of stigma—all of which have been linked to negative health outcomes and potentially life-limiting disparities of experience. This Special Issue invites original research articles and systematic reviews that examine the psychosocial and health consequences of weight stigma. This includes the potential impact on mental and physical health, health intentions and behaviours, body image, eating behaviour, behavioural avoidance, social exclusion, and inequality. Work examining weight stigma in specific settings, such as health care, physical activity, employment and education, is particularly welcomed.

---

### Guest Editors

Prof. Dr. Janet D Latner

University of Hawaii, Manoa, HI, USA

Prof. Dr. Kerry O'Brien

Behavioural Sciences Research Laboratory, Monash University, Clayton, VIC 3800, Australia

Dr. Angela Meadows

Western University, London, ON, Canada

---

### Deadline for manuscript submissions

closed (31 January 2022)



# Obesities

---

an Open Access Journal  
by MDPI

---

Impact Factor 1.3  
CiteScore 1.8



[mdpi.com/si/83550](http://mdpi.com/si/83550)

*Obesities*  
Editorial Office  
MDPI, Grosspeteranlage 5  
4052 Basel, Switzerland  
Tel: +41 61 683 77 34  
obesities@mdpi.com

[mdpi.com/journal/  
obesities](http://mdpi.com/journal/obesities)





# Obesities

an Open Access Journal  
by MDPI

Impact Factor 1.3  
CiteScore 1.8



[mdpi.com/journal/  
obesities](http://mdpi.com/journal/obesities)

## About the Journal

### Message from the Editor-in-Chief

---

### Editor-in-Chief

Prof. Dr. Nobuyuki Takahashi

Laboratory of Physiology and Metabolism, Department of Food Safety and Nutritional Science, Faculty of Applied Bioscience, Tokyo University of Agriculture, Tokyo, Japan

---

### Author Benefits

#### Open Access:

free for readers, with article processing charges (APC) paid by authors or their institutions.

#### High Visibility:

indexed within ESCI (Web of Science), Scopus and other databases.

#### Rapid Publication:

manuscripts are peer-reviewed and a first decision is provided to authors approximately 18.6 days after submission; acceptance to publication is undertaken in 2.2 days (median values for papers published in this journal in the second half of 2025).

