

## Special Issue

# How to Prevent Obesity and Inflammatory Disease

### Message from the Guest Editor

Obesity is the most prevalent metabolic disease. New approaches are necessary to prevent the rise in inflammatory diseases. In the framework of this Special Issue, the submission of both original research manuscripts and review articles will be encouraged, looking at how changing lifestyle, eating habits, and mindset can prevent or treat these diseases. Articles focusing on the different districts (gastrointestinal tract, brain, liver, adipose tissue, bone, etc.) involved in obesity and inflammatory disease and how and to what extent these interact at cellular and system levels are very welcome.

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### Guest Editor

Dr. Sara Baldassano

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### Deadline for manuscript submissions

closed (31 October 2021)



## Obesities

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## About the Journal

### Message from the Editor-in-Chief

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#### Editor-in-Chief

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