

## Special Issue

# How to Prevent Obesity and Inflammatory Disease 2024

### Message from the Guest Editor

Obesity is the most prevalent metabolic disease. New approaches are necessary to prevent the rise in inflammatory diseases. For this Special Issue, we are interested in both original research manuscripts and review articles looking at how changing lifestyle, eating habits, and mindset can prevent or treat these diseases. Articles focusing on the different areas (gastrointestinal tract, brain, liver, adipose tissue, bone, etc.) involved in obesity and inflammatory disease and how and to what extent these interact at the cellular and system levels are welcome.

---

### Guest Editor

Dr. Sara Baldassano

Dipartimento di Scienze e Tecnologie Biologiche Chimiche e Farmaceutiche, Università degli Studi di Palermo, 90133 Palermo, Italy

---

### Deadline for manuscript submissions

closed (31 October 2024)



## Obesities

---

an Open Access Journal  
by MDPI

---

Indexed in Scopus  
Tracked for Impact Factor



[mdpi.com/si/192714](https://mdpi.com/si/192714)

*Obesities*  
MDPI, Grosspeteranlage 5  
4052 Basel, Switzerland  
Tel: +41 61 683 77 34  
[obesities@mdpi.com](mailto:obesities@mdpi.com)

[mdpi.com/journal/  
obesities](https://mdpi.com/journal/obesities)





# Obesities

---

an Open Access Journal  
by MDPI

---

Indexed in Scopus  
Tracked for Impact Factor



[mdpi.com/journal/  
obesities](https://mdpi.com/journal/obesities)



## About the Journal

### Message from the Editor-in-Chief

---

#### Editor-in-Chief

Prof. Dr. Nobuyuki Takahashi

Laboratory of Physiology and Metabolism, Department of Food Safety and Nutritional Science, Faculty of Applied Bioscience, Tokyo University of Agriculture, Tokyo, Japan

---

#### Author Benefits

##### Open Access:

free for readers, with article processing charges (APC) paid by authors or their institutions.

##### High Visibility:

indexed within ESCI (Web of Science), Scopus and other databases.

##### Rapid Publication:

manuscripts are peer-reviewed and a first decision is provided to authors approximately 14.3 days after submission; acceptance to publication is undertaken in 3.3 days (median values for papers published in this journal in the second half of 2024).