

## Special Issue

# How to Prevent Obesity and Inflammatory Disease 2025

### Message from the Guest Editor

Obesity's complex inflammatory landscape requires a multidisciplinary approach. This Special Issue seeks to publish cutting-edge original research and insightful reviews that explore the cellular and systemic mechanisms by which lifestyle, dietary modifications, and mindset interventions can prevent or treat obesity-related inflammatory diseases. We welcome contributions that illuminate the intricate crosstalk between diverse physiological systems, including the gastrointestinal tract, brain, liver, adipose tissue, and bone.

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### Guest Editor

Dr. Sara Baldassano

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### Deadline for manuscript submissions

31 December 2025



## Obesities

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Impact Factor 1.3  
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### Message from the Editor-in-Chief

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#### Editor-in-Chief

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