

Special Issue

Nutrition and Women Bone Health

Message from the Guest Editor

The aim of this Special Issue "Nutrition and Women Bone Health" is to focus on the relevance of nutrition as a key element that has the potential to reduce bone loss or fracture risk. Specifically, the objective is to bring to the body knowledge about the role that intake of certain nutrients such as calcium, vitamin D, proteins, vitamins, minerals or polyunsaturated fatty acid may have on the bone health of women at different stages of life. The impact that these and other nutrients may have on the progression of different diseases and their relationship to women's bone health will also be of interest. Studies that deepen the understanding of the relationship between genetics and nutrient intake are especially welcome in the context of women's bone health. In this Special Issue, we aim to address these fascinating areas, which are the major ongoing challenges in women's bone health research and practice.

Guest Editor

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About the Journal

Message from the Editorial Board

Nutrients is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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