

## Special Issue

# Weight Outcomes of Kids: What Can Parents Do?

### Message from the Guest Editor

The rise in childhood and adolescent obesity in past decades has been explained by the “obesogenic” and “toxic” effects of the current modern environment. Parents are important environmental agents of change determining the home environment through, for instance, their parenting and own weight-related behaviors.

In this Special Issue, we would like to bring together papers dealing with topics involving whether, how, and for whom parents might influence weight-related behaviors and/or weight outcomes of children and adolescents. Potential parental effects have been the object of studies over the last decade. However, many questions concerning the crucial role of parents have been limited by cross-sectional designs. Additional research is needed to provide stronger evidence on the potential link between parental factors and weight(-related) outcomes of children and adolescents. We particularly welcome studies that focus on diverse weight-related behaviors, that is, not only diet and/or physical activity, but also sleep and media use. We further welcome studies examining eminent child moderators (e.g., child’s food responsivity or addictive tendencies).

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### Guest Editor

Dr. Junilla K. Larsen

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### Deadline for manuscript submissions

closed (20 March 2021)



## Nutrients

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### Message from the Editorial Board

*Nutrients* is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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