

Special Issue

The Impact of Vitamins, Minerals and Functional Foods on Bone Health

Message from the Guest Editor

As the aging population continues to rise, there is an increasing concern for the health-related needs of older people. Approximately 85% of older Americans suffer from one or more nutrition-related chronic disorders, including age-related bone loss and osteoporosis. Bone integrity, i.e., density and quality, is greatly affected by nutrition and lifestyle factors at any stage of the lifecycle. In terms of dietary factors, healthcare professionals often emphasize the importance of calcium and vitamin D intake, without reference to the crucial role of other minerals and vitamins, as well as functional foods that have a profound effect on bone. Thus, the objective of this Special Issue on “The Impact of Vitamins, Minerals, and Functional Foods on Bone Health” is to identify non-pharmacologic treatment modalities that alleviate the negative effects of osteoporosis on this topic, you are invited to submit proposals for manuscripts (reviews, clinical, or experimental studies) that fit the objective and the topic of this Special Issue.

Guest Editor

Prof. Dr. Bahram H. Arjmandi

1. Center for Advancing Exercise and Nutrition Research on Aging, Florida State University, Tallahassee, FL 32304, USA
2. Department of Nutrition, Food and Exercise Sciences, Florida State University, Tallahassee, FL 32304, USA

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Nutrients
Editorial Office
MDPI, Grosspeteranlage 5
4052 Basel, Switzerland
Tel: +41 61 683 77 34
nutrients@mdpi.com

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About the Journal

Message from the Editorial Board

Nutrients is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

Editors-in-Chief

Prof. Dr. Lluís Serra-Majem

1. Centro de Investigación Biomédica en Red Fisiopatología de la Obesidad y la Nutrición (CIBEROBN), Institute of Health Carlos III, 28029 Madrid, Spain
2. Research Institute of Biomedical and Health Sciences (IUIBS), University of Las Palmas de Gran Canaria, 35001 Las Palmas, Spain
3. Preventive Medicine Service, Centro Hospitalario Universitario Insular Materno Infantil (CHUIMI), Canarian Health Service, 35016 Las Palmas, Spain

Prof. Dr. Maria Luz Fernandez

Department of Nutritional Sciences, University of Connecticut, Storrs, CT 06269, USA

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